

IoT Based Monitoring System of Life Saving Drug's Infusion

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Abstract: Moment's rapid-fire growth of senior populations and growing problems coupled with the frequency of obstructive sleep apnea and other health related issues have affected numerous aspects of society. This has led to high demands for a more robust healthcare monitoring and treatments installations. The Internet of effects grounded real-time health monitoring system has contributed towards a brilliant human wealth both in civic and pastoral areas. In this paper we present an IOT grounded real time health monitoring system that can measure, cover and reports people health condition online and offline from anywhere. One order of similar is bias that pointers if the affected person gets right into a critical state. In our proposed system focuses on to cover and initiate alert to doctors roughly the victims at some points of fluid trip injections similar as Adrenaline, Nor Adrenaline, Dopamine, Nitroglycerine. The proposed system comprises of detectors which will act as a position detector for covering the critical position of the fluid in the fluid bottle. Whenever the position of the fluid reaches to the pre-defined critical position, also the nurses, caretakers, croakers will be advised through the buzzer. This proposed system has high eventuality for the pastoral and civic areas in developing countries

Key Word: IOT, Monitoring system, buzzer, LCD cell, Node MCU, Arduino, Sensors and controllers

INTRODUCTION

The number of Human deaths occurs due to incorrect care taken. In terms of technological advancement, humans are also getting veritably concerned about their health. So our health monitoring system is designed to help patient care, drive clinical performance and lower costs. During similar situation, health status of them is hard to descry. The sudden fall and increase in physiological parameters may beget unforeseen deaths and may lead to supposedly Life Hanging Events. medical center protocol case monitoring is a total result designed around the challenges of Data security. The end of the design is to incorporate sensitive functions in the tackle making it able of measuring the physiological parameters body temperature, pulsation rate, oxygen saturation, blood pressure negotiating the need of continuously landing data. Our proposed system space has been a big boost as a cloud enables security and helps connect to real time data access performance data. The Internet of effects has allowed capturing data continuously having access to the data will enable us to respond more quickly It'll notify for the implicit life hanging events, also fete the development of any complaint. The tackle will be suitable to affair the analogue values of tasted data which in turn will be accompanied with cloud server via middlewareframework. Wearable tackle will communicate with middleware armature through wireless communication. The necessary data processing on the cloud storage will identify the critical conditions as well as will produce reports. The final element of the system, i.e. mobile operation is featured with real-time announcement, cautions in the critical situation. It'll show the nonstop health status.

Internet of Things

The Internet of Things (IoT) is the network of devices such as vehicles, and home appliances that contain electronics, software, actuators, and connectivity which allows these things to connect, interact and exchange data. The IoT involves extending Internet connectivity beyond standard devices, such as desktops, laptops, smartphones and tablets, to any range of traditionally dumb or non-internet-enabled physical devices and everyday objects. Embedded with technology, these devices can communicate and interact over the Internet, and they can be remotely monitored and controlled.

II.HEALTH MONITORING SYSTEMS

In the recent times wireless technology has adding for the need of upholding varied sectors. In these recent times IoT graphed the utmost of industrial area especially automation and control. Biomedical is one of recent trend to give better health care. Not only in hospitals but also the particular health minding installations are opened by the IoT technology. So having a smart system colorful parameters are observed that consumes power, cost and increase effectiveness. In according to this smart system, this paper is reviewed. In traditional system, doctors play an important part in health check up. For this process requires a lot of time for enrollment, appointment and also check up. Also reports are generated subsequently. Due to this lengthy process working people tend to ignore the checks or postpone it. This ultramodern approach reduces time

consumption in the process. Health- covering systems have drawn a lot of attention from the research community and the industry during the last decade as it's refocused out by the multiple and annual increasing corresponding research and development efforts. As healthcare costs are adding and the world population is geriatric, there has been a need to cover a case's health status while he's out of the medical center in his particular atmosphere. To address this demand, a variety of system prototypes and marketable products have been produced in the course of recent times, which aim at furnishing real-time feedback information about one's health condition, either to the stoner himself or to a medical center or straight to a supervising professional physician, while being suitable to warn the individual in case of possible imminent health threatening conditions. In addition to that, monitoring system constitute a new means to address the issues of managing and covering habitual conditions, senior people, postoperative rehabilitation cases, and persons with special capacities. System of health monitoring may comprises colorful types of atomic detectors, wearable or indeed implantable. These biosensors are able of measuring significant physiological parameters like heart rate, blood pressure, body and skin temperature, oxygen saturation, respiration rate, etc. The obtained measures are communicated either via a wireless or a wired link to a central node, for illustration, a Personal Digital Assistant or a microcontroller board, which may also in turn display the according information on a user interface or transmit the aggregated vital signs to a medical center. The previous illustrates the fact that a medical system may encompass a wide variety of factors detectors materials, smart fabrics, actuators, power supplies, wireless communication modules and links, control and processing units, interface for the user, software, and advanced algorithms for data extracting and decision making. A general Health Monitoring System framework is depicted, in accordance to the described system's functionality and factors. still, this shouldn't be perceived as the standard system design, as numerous systems may adopt significantly varying architectural approaches. For illustration bio-signals may be transmitted in analog form and without preprocessing to the central node and bi-directional communication between detectors and central node may not live.

III.LITERATURE SURVEY

Recent developments and technological advancements in wireless communication, Micro Electro Mechanical Systems MEMs technology and integrated circuits has enabled low-power, intelligent, miniaturized, invasive/non-invasive micro and nano-technology sensor nodes strategically placed in or around the human body to be used in various applications, such as personal health monitoring. This exciting new area of research is called Wireless Body Area Networks WBANs and leverages the emerging IEEE 802.15.6 and IEEE 802.15.4 standards, specifically standardized for medical WBANs. The aim of WBANs is to simplify and improve speed, accuracy, and reliability of communication of sensors/actuators within, on, and in the immediate proximity of a human body. The vast scope of challenges associated with WBANs has led to numerous publications. In this paper, we survey the current state-of-art of WBANs based on the latest standards and publications. Open issues and challenges within each area are also explored as a source of inspiration towards future developments in WBANs. In this survey, a review of the on-going research in WBANs in terms of system architecture, address allocation, routing, channel modeling, PHY layer, MAC layer, security and applications is provided.

A new method for heart rate monitoring using photoplethysmography during physical activities is proposed. Methods: It jointly estimates spectra of PPG signals and simultaneous acceleration signals, utilizing the multiple measurement vector models in sparse signal recovery. Due to a common sparsity constraint on spectral coefficients, the method can easily identify and remove spectral peaks of motion artifact in PPG spectra. Thus, it does not need any extra signal processing modular to remove MA as in some other algorithms. Furthermore, seeking spectral peaks associated with heart rate is simplified. Results: Experimental results on 12 PPG datasets sampled at 25 Hz and recorded during subjects' fast running showed that it had high performance. The average absolute estimation error was 1.28 beat per minute and the standard deviation was 2.61 beat per minute. Conclusion and Significance: These results show that the method has great potential to be used for PPG-based heart rate monitoring in wearable devices for fitness tracking and health monitoring. In this work a PPG-based heart rate monitoring method was proposed for fitness tracking via smart-watches or other wearable devices.

IV.PROPOSED SYSTEM

Proposes a Glucose bottle level and patients monitoring system. In the system, by using the weight load cell , the level of liquid present in the bottle can be calculated so that when the liquid reaches its minimum level. This system integrated with the sensors like temperature sensor and accelerometer for measuring temperature condition and position of patient. The measured sensor details are display on LCD. When this system measures the abnormality condition, it indicates through the buzzer. Patient health details are uploaded to web-server through IOT device. Our proposed system spaces has been a big boost as a cloud enables security and helps connect to real-time data and access performance data.

The proposed model can measure and display blood pressure, room temperature, body temperature, oxygen saturation, heart rate, track the patients location using different sensors and transmit the data online and offline to mobile apps. The system is very user-friendly and reliable based on real time monitoring.

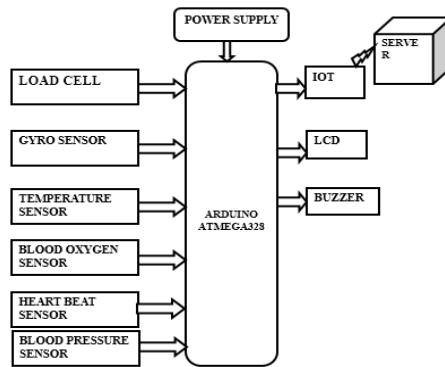


Fig.1.Proposed Block

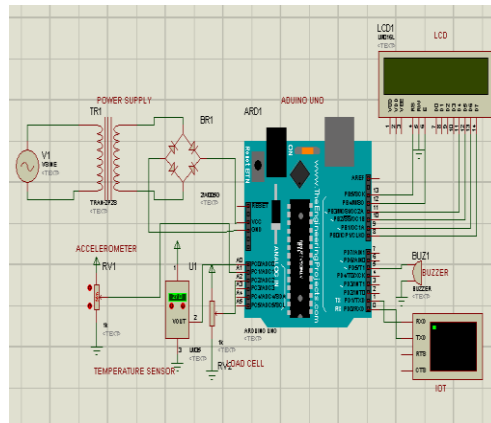


FIG.2.CIRCUIT DIAGRAM LAYOUT

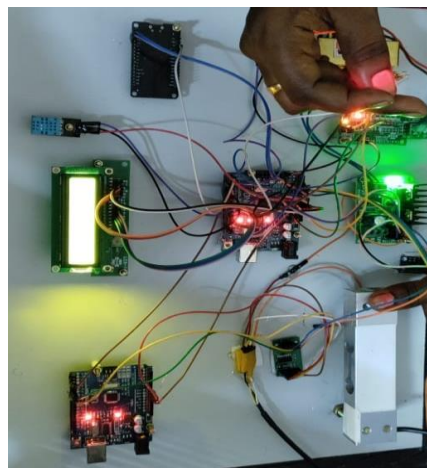


FIG.3.CIRCUIT BOARD

V.PROPOSED SYSTEM TECHNIQUE

Connecting the Arduino

Connecting an Arduino board to PC is quite simple. On Windows:

1. Plug in the USB cable - one end to the PC, and one end to the Arduino board.
2. When prompted, select "Browse my computer for driver" and then select the folder to which you extracted your original Arduino IDE download.
3. You may receive an error that the board is not a Microsoft certified device - select "Install anyway."
4. Your board should now be ready for programming.

When programming your Arduino board it is important to know what COM port the Arduino is using on your PC. On Windows, navigate to Start->Devices and Printers, and look for the Arduino. The COM port will be displayed underneath. Alternatively, the message telling you that the Arduino has been connected successfully in the lower-left hand corner of your screen usually specifies the COM port it is using.

Preparing the Board

Before loading any code to Arduino board, first open the IDE. Double click the Arduino .exe file that downloaded earlier. A blank program, or "sketch," should open.

The Blink example is the easiest way to test any Arduino board. Within the Arduino window, it can be found under File->Examples->Basics->Blink.

Before the code can be uploaded to board, two important steps are required.

1. Select Arduino from the list under Tools->Board. The standard board used in RBE 1001, 2001, and 2002 is the Arduino Mega 2560, so select the "Arduino Mega 2560 or Mega ADK" option in the dropdown.

2. Select the communication port, or COM port, by going to Tools->Serial Port.

If the COM port in Arduino board is using, it should be listed in the dropdown menu. If not, your board has not finished installing or needs to be reconnected.

Loading Code

The upper left of the Arduino window has two buttons: A checkmark to Verify code, and a right-facing arrow to Upload it. Press the right arrow button to compile and upload the Blink example to your Arduino board.

The black bar at the bottom of the Arduino window is reserved for messages indicating the success or failure of code uploading. A "Completed Successfully" message should appear once the code is done uploading to your board. If an error message appears instead, check that you selected the correct board and COM port in the Tools menu, and check your physical connections. If uploaded successfully, the LED on your board should blink on/off once every second. Most Arduino boards have an LED prewired to pin 13. It is very important that you do not use pins 0 or 1 while loading code. It is recommended that you do not use those pins ever.

Communication

The Arduino/Genuino Uno has a number of facilities for communicating with a computer, another Arduino/Genuino board, or other microcontrollers. The ATmega328 provides UART TTL (5V) serial communication, which is available on digital pins 0 (RX) and 1 (TX).. The 16U2 firmware uses the standard USB COM drivers, and no external driver is needed. However, on Windows, a .inf file is required. The Arduino Software (IDE) includes a serial monitor which allows simple textual data to be sent to and from the board. The RX and TX LEDs on the board will flash when data is being transmitted via the USB-to-serial chip and USB connection to the computer (but not for serial communication on pins 0 and 1). A Software Serial library allows serial communication on any of the Uno's digital pins.

Temperature Sensor

A humidity sensor senses, measures and regularly reports the relative humidity in the air. It measures both moisture and air temperature. Relative humidity, expressed as a percent, is the ratio of actual moisture in the air to the highest amount of moisture air at that temperature can hold. The warmer the air is, the more moisture it can hold, so relative humidity changes with fluctuations in temperature.

Most humidity sensors use capacitive measurement to determine the amount of moisture in the air. This type of measurement relies on two electrical conductors with a non-conductive polymer film lying between them to create an electrical field between them. Moisture from the air collects on the film and causes changes in the voltage levels between the two plates.

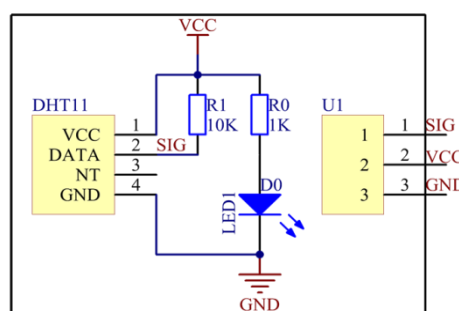


FIG.4. CIRCUIT DIAGRAM OF TEMPERATURE AND HUMIDITY SENSOR

NodeMCu

NodeMCU is a LUA based interactive firmware for Express if ESP8622 Wi-Fi SoC, as well as an open source hardware board that contrary to the \$3 ESP8266 Wi-Fi modules includes a CP2102 TTL to USB chip for programming and debugging, is breadboard-friendly, and can simply be powered via its micro USB port. NodeMCU is a wifi SO produced by Espressif Systems. It is based ESP8266 -12E Wi-Fi module. It is a highly integrated chip designed to provide full internet connectivity in a small package.

It can be programmed directly through USB port using LUA programming or Arduino IDE. By simple programming we can establish a Wifi connection and define input/output pins according to your needs exactly like arduino, turning into a web server and a lot more. NodeMCU is the Wifi equivalent of Ethernet module. It combines the features of Wifi access point and station + microcontroller. These features make the NodeMCU extremely powerful tool for WiFi networking. It can be used as access point and/or station, host a web server or connect to internet to fetch or upload data.

Liquid Crystal Display

A liquid crystal display (LCD) is a flat panel display, electronic visual display, or video display that uses the light modulating properties of liquid crystals. Liquid crystals do not emit light directly. LCDs are available to display arbitrary images (as in a general-purpose computer display) or fixed images which can be displayed or hidden, such as preset words, digits, and 7-segment displays as in a digital clock. They use the same basic technology, except that arbitrary images are made up of a large number of small pixels, while other displays have larger elements.



FIG.5.LCD DISPLAY UNIT

An LCD is a small low cost display. It is easy to interface with a micro-controller because of an embedded controller (the black blob on the back of the board). This controller is standard across many displays (HD 44780) which means many micro-controllers (including the Arduino) have libraries that make displaying messages as easy as a single line of code.

Buzzer

A buzzer or beeper is a signaling device, usually electronic, typically used in automobiles, household appliances such as a microwave oven, or game shows. It most commonly consists of a number of switches or sensors connected to a control unit that determines if and which button was pushed or a preset time has lapsed, and usually illuminates a light on the appropriate button or control panel, and sounds a warning in the form of a continuous or intermittent buzzing or beeping sound. Initially this device was based on an electromechanical system which was identical to an electric bell without the metal which makes the ringing noise. Often these units were anchored to a wall or ceiling and used the ceiling or wall as a sounding board.

Load Cell

A load cell is a type of transducer, specifically a force transducer. It converts a force such as tension, compression, pressure, or torque into an electrical signal that can be measured and standardized. As the force applied to the load cell increases, the electrical signal changes proportionally. The most common types of load cell used are hydraulic, pneumatic, and strain gauge.

Except for certain laboratories where precision mechanical balances are still used, strain gage load cells dominate the weighing industry. Pneumatic load cells are sometimes used where intrinsic safety and hygiene are desired, and hydraulic load cells are considered in remote locations, as they do not require a power supply. Strain gage load cells offer accuracies from within 0.03% to 0.25% full scale and are suitable for almost all industrial applications.

Proteus Simulation

The Proteus Design Suite is a proprietary software tool suite used primarily for electronic design automation. The software is used mainly by electronic design engineers and technicians to create schematics and electronic prints for manufacturing printed circuit boards. Proteus is design software developed by Lab center Electronics for electronic circuit simulation, schematic capture and PCB design. Its simplicity and user friendly design made it popular among electronics hobbyists. Proteus is commonly used for digital simulations such as microcontrollers and microprocessors. It can simulate LED, LDR, USB Communication. Proteus is a simulation and design software tool developed by Lab center Electronics for Electrical and Electronic circuit design. It also possess 2D CAD drawing feature. It deserves to bear the tagline "From concept to completion".

Proposed System Advantages

- Provide cost effective and automatic fluid level monitoring which can be effortlessly implemented in any hospital.
- Avoid harms cause to patient health due to negligence towards fluid completion.
- High accuracy
- Inform the doctor/nurse spontaneously for patient safety.
- Everybody known health details using android app

VI.SIMULATIONS RESULTS

Proteus's simulation features. Many of the components in Proteus can be simulated. There are two options for simulating Run simulator an advance frame by frame. The "Run simulator" option simulates the circuit in the normal speed."Advance frame by frame"options advances to next frame and weights till you click this button for the next time. This can be useful for debugging digital circuits. The microcontroller which can be simulated include PIC24, dsPIC33, 8051 microcontroller, Arduino, ARM7 based microcontroller. User can download the compilers for Proteus or use different compiler and dump the hexfiles in the microcontroller in Proteus. It can even interact in real-time with the simulation using

switches, resistors, LDRs, etc..There are even virtual voltmeter, ammeter, oscilloscope, logic analyzer, etc.

Many of the components in Proteus can be simulated. There are two options for simulating Run simulator and advance frame by frame. The Run simulator option simulates the circuit in a normal speed if the circuit is not heavy. Advance frame by frame option advances to next frame and waits till you click this button for the next time. This can be useful for debugging digital circuits. we can also simulate microcontrollers.

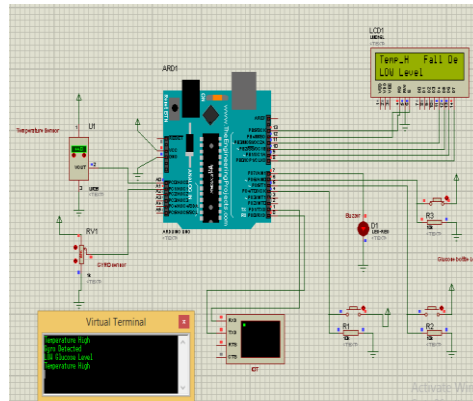
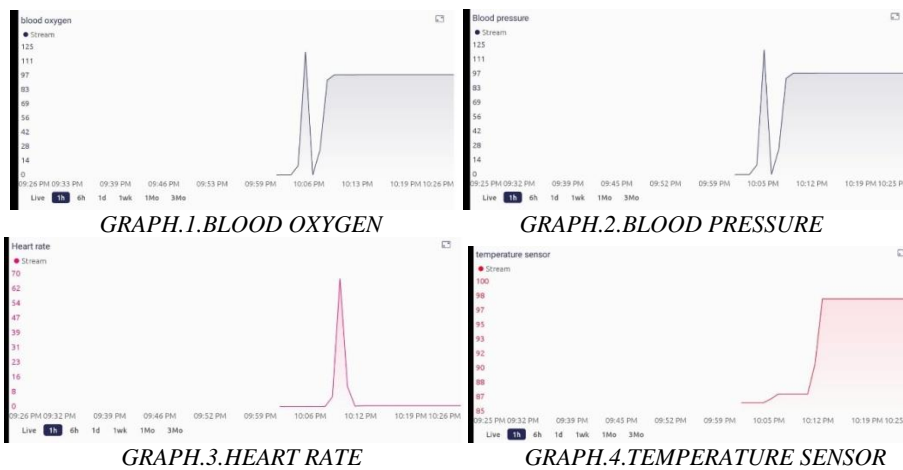


FIG.6. OUTPUT OF THE SYSTEM



VII.CONCLUSION

This paper is a real-time remote IoT-based continuous glucose monitoring system and detects whether the patient is finding difficulty in breathing or not so that it is helpful in detecting and monitoring sleep apnea condition.The implemented IoT-based architecture is complete system starting from sensor node to a back-end server. Through the system, doctors and caregivers can easily monitor their patient anytime, anywhere via a browser or a smart-phone application. Sensor nodes of the system are able to obtain several types of data (i.e.Life saving drugs, body temperature, line position,heart rate and blood oxygen) and transmit the data wirelessly to the gateway efficiently in term of energy consumption.

If future works, we hope to integrate a small noninvasive wireless sensor that could be portable for the elderly.

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